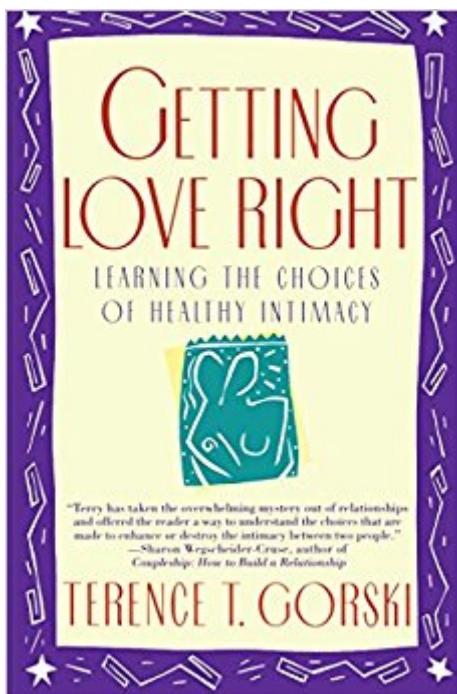


The book was found

Getting Love Right: Learning The Choices Of Healthy Intimacy (Fireside Parkside Books)



Synopsis

IT'S NEVER TOO LATE TO LEARN HOW TO LOVE When you fall in love you may be repeating bad relationship habits that you learned growing up or in a previous unhealthy relationship. No matter what your history, Getting Love Right can explain how to build and maintain healthy intimacy, including:

- * How to recognize if you are in a compulsive, apathetic, or healthy relationship
- * How to become a person who is capable of healthy intimacy
- * How to choose a healthy partner

If you are in a relationship or want to be in one, Terence T. Gorski will teach you that love isn't just something that happens -- love is something you can learn.

Book Information

Series: Fireside Parkside Books

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Average Customer Review: 4.9 out of 5 starsÂ See all reviewsÂ (26 customer reviews)

Best Sellers Rank: #208,417 in Books (See Top 100 in Books) #135 inÂ Books > Self-Help > Relationships > Mate Seeking #1370 inÂ Books > Self-Help > Relationships > Interpersonal Relations #1477 inÂ Books > Self-Help > Relationships > Love & Romance

Customer Reviews

This realistic look at any relationship is a must for everyone. As a counselor I use it as a tool for groups, and individual counselor. However, the content applies to anyone in, or begining a relationship on any level. I have bought several copies for friends and family, and probably will buy more. I recommend it highly for parents to share with their children as a guideline for revealing the components of a good or bad relationship. Not just for those who have an addiction. Easy read, profound content.

I have nothing but praise for the content and practicality of Terrence Gorski's book. I have recently started to use his book as a tool in my weekly groups on relationships, in a residential rehab addiction facility. Terrence Gorski gets to the heart of relationships and how to rethink old

behaviors which have led to bad ones. The partners of my clients have bought the book once my clients start the group. They are reccomending it to their friends and family. "Getting Love Right" is changing their relationships and bringing families back together. I reccomend it highly and will continue to use it as the basis of my releationship groups.

This book is NOT a popular quick fix approach to choosing a life or romantic partner. Rather, it is a tour book that explores where you have been in terms of relationships, how you got that way, the healthy and unhealthy patterns and how to correct them. While it is a book that contains many useful concepts, it also includes exercises that get at your most deeply held beliefs about relationship both healthy and unhealty. It looks at your family of origin, relationship history and shows you how to escape unhealthy patterns through deep awareness. If you are looking for a bedside story that merely makes you feel good, then this isn't your book. If you want to understand at a deep level why you made unhealthy relationship choices in the past and are willing to do the work to change, this is a valuable roadmap, tool and companion on that journey. I do psychological work with people and I often recommend this volume to people who are serious about serious change.

If you have a girlfriend, If you have a boyfriend. If you have a wife, If you have a husband. If your thinking about getting a boyfriend or girlfriend. And If you are married or thinking about getting married, or thinking of asking someone to marry you. If you are having a problem with a mate, or if your mate is telling you that you have a problem, then you need to read this book, it is a great eye opener. You will see things from their side and get ideas that might help in a relationship. You will learn something, maybe even about yourself.

An esasy way to know how i relate with others and why i use thismethods. Write with an easy language, This book must be owned and readed by anybody who wantsto work with the relationship part his/her life

I have read this book and told many of my friends to read it as well. This book does an excellent job of leading us to look through a new lens regarding our relationships. Why we do the things we do and attract the people that we attract - it is practical, loving and supportive in showing us how to clearly see our limiting character behaviors and how to change them to find and nurture healthy relationships that support us and propel us forward. Randy PierceAuthor, "Making Shifts without

Making Waves: A Coach Approach to Soulful Leadership"

I've read dozens of relationship books and this is the best. Not only is it great for personal application but it's a wonderful source for information that we need to be teaching each and every one of our children.

A very heavy chapter about whether you are in compulsive, apathetic, or healthy relationship.. Totally brutal truth. Tricky thing is to have balanced actions, feeling and thinking from the beginning. Too many are in trouble six seven years down the road, realizing the conflicting personalities. I dont think people would change dramatically, it is few critical things rhat were missed by both couple.

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and Intimacy Alive in Committed Relationships

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